



# May is Mental Health Awareness Month

Approximately 1 in 5 teens (21.4%) ages 13-18 are impacted by a mental health illness. Only half (50.6%) receive treatment.

<https://www.nami.org/learn-more/mental-health-by-the-numbers>

Suicide is the 3rd leading cause of death for youth ages 10-14, and the 2nd leading cause for those ages 15-34.

<https://www.cdc.gov/violenceprevention/pdf/suicide-datasheet-a.pdf>

**On Friday, May 4th Ravenwood Health** is offering a free, confidential mental health screening for any interested Chardon High School student at Chardon High School.

Signing up is easy using one of the following ways:

- 1. Stop by the Library Conference Center on May 4th and schedule a time. Ravenwood counselors will be on site at 8:00 a.m.*
- 2. Notify your guidance counselor or Mrs. Blackburn and we will help you get scheduled.*

*Please bring the signed permission form with you. If you forget the form, please see Mrs. Blackburn. Parental permission is required for students under the age of 18.*

For more information, please contact Joan Blackburn at [joan.blackburn@chardonschools.org](mailto:joan.blackburn@chardonschools.org) or 285-4057 ext. 1439.

**You must have the permission form with you at the time of your meeting.**



I give permission for \_\_\_\_\_ to participate in the free mental health screening done by Ravenwood Health on Friday, May 4th. This information is confidential and will not be shared with Chardon Local Schools. I also give permission for Ravenwood Health to contact me if needed at the number below.

Confidential sign ups will begin at 8:00 a.m. in the CHS library, please bring this form with you.

Student Signature: \_\_\_\_\_

Parent Signature if student is under age 18:

\_\_\_\_\_

Contact phone number:

\_\_\_\_\_