

Inside My Head - The Pressures on Teens

Learn more about the pressures our youth are experiencing and what each of us can do to support them

Chardon High School

Thursday, April 5, 2018

6:30 to 8:30 p.m.

Opening Remarks: *Chardon High School Students*

Break Out Sessions:

--Social Pressure Through Social Media Panel Presentation--*

Chardon High School Students, Morgan Whitely of Family Pride, Chief Niehus of the Chardon Police Department, and Doug Murray our CHS Principal

***This presentation is for ADULTS only**

--Reaching Out - Saving Lives--

Samantha Jackson of Ravenwood Health

--Managing Stress Successfully--

Jen Emch of Ubuntu Wellness

--Just One Pill: The Journey of Opioid Addiction--

Officer Mike Shaw, SRO, Chardon Police Department

--Be Present: Your Presence is a Present--*

TBD

***This presentation is for STUDENTS only**

--Ending the Silence--

Jenn Bartone and others from NAMI Geauga

--Know What Your Kids Know: Start Talking--

Missy Bell of Ravenwood Health, Matt Peterson of Lake/Geauga Recovery, and Chardon High School Students

