



The **27 Days of Be the Change** will begin February 1 and well beyond February 27.

It is the continued hope of the established core values at CHS that these actions will inspire and change lives. By actively caring for others each day, a habit of kindness can develop and continue well past this month.

### Weekly Themes

#### **February 1-9: SELF-Be the Best Version of Yourself; Be Positive and Kind to YOU**

- Stay organized during the 3rd quarter
- Stay hydrated throughout the day
- Stay active during these colder months!
- Make yourself a priority and be kind to yourself. You are BeYOUtiful!
- Treat yourself
- Forgive yourself
- Go to bed early

#### **February 12-16: OTHERS- Demonstrate Kindness to not only yourself, but to others- family, friends, staff**

- Send a letter to a teacher or someone who has inspired you
- Compliment someone today
- Catch up with an old friend
- Call someone you love
- Tell someone that you love them, or thank them for being themselves.
- Encourage others to be their best self
- Give someone flowers

### **February 19-23: COMMUNITY- Find yourself in the service of others**

- Shop locally and support a small business
- Donate to a good cause
- Volunteer throughout the community
- Write a thank you note to someone who serves you
- Make a care package for a friend, neighbor, or family member.
- Donate to a food bank
- Help out your neighbors (shovel your neighbor's driveway)

### **February 26-March 1: LIVE THE CHANGE- 21 Days create new habits. Model this leadership each day**

- Do things before being asked
- Demonstrate a new skill for someone else.
- Think before you speak
- Be a model of respect, and show dignity even when it's hard.
- Show optimism in school and at home
- Stay active in your community

## **Purpose**

Chardon is our home. It is our community. We love our families and those who have surrounded us with love for generations. Like most homes, we too have faced difficulties and times when we felt lost.

There are so many moments that transformed us through these challenging times. Our community, the resilience and love of students, staff, and alumni have built the bridges of compassion, outreach, and our core values.

Each day allows us to grow stronger, love more, and give ourselves. We have great days, good days, and tough days. What is most important is that we keep sight of our purpose.

From the moments after our darkest day, leaders in our school and community vowed to stimulate change in laws, behaviors, and awareness.

At Chardon High School, we stand firm in our conviction to be an instrument of change. The school is challenging all people to spread and share kindness and to be an instrument of change every day, specifically in the month of February.

## Opportunities for Outreach

- Gearity Food Bank Volunteer Opportunity
- Executive Student Council/ NHS [staff breakfast](#): February 7, 2024
- PBIS team- Cards and Thank you notes.
- Gratitude Stations: Fill your heart and others up, February 12, 13, 16
- Promoting Senior Capstone Projects throughout the month- Service/Outreach
  - Jocelyn Gaggiani- PBIS Book Drive
- Promoting Acts of Kindness
- Teacher Staff Luncheon: Hosted by CHS Administration: February 27, 2024
- Grade Level Competition: March 1, 2024